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|----|---------------|---|---------|----------------------------------|
| 29 | MAR 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 5 | APR 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 19 | APR 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 26 | APR 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 3 | MAY 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 10 | MAY 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 17 | MAY 2023, WED | ● | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |
| 24 | MAY 2023, WED | | 6 – 7pm | Gentle Yoga For Beginners-S4-Wed |