

- 24 APR 2023, MON ● 6 – 7pm Gentle Yoga-S4-Mon
- 1 MAY 2023, MON ● 6 – 7pm Gentle Yoga-S4-Mon
- 8 MAY 2023, MON ● 6 – 7pm Gentle Yoga-S4-Mon
- 15 MAY 2023, MON ● 6 – 7pm Gentle Yoga-S4-Mon
- 22 MAY 2023, MON 6 – 7pm Gentle Yoga-S4-Mon